

Ross W. Hackerson LMFT

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Specialization: Abuse & Neglect in Childhood, Addictions/Substance

Abuse/Compulsions, Couples/Marriage, Family Therapy, Phobias/OCD

Insurances Accepted: Blue Cross/Blue Shield, Health New England

Insurance Considerations: I accept insurance out of network.

Self-Description: I love life, living, learning and being in relationship. Having been in therapy myself I understand the excitement and the fearfulness of such an adventure: and the need for personal healing. The therapy relationship is important to me as it is part of what can be personal transformation. I use EMDR and Emotionally Focused Therapy for couples in that process.

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